



Yesh Tikva's 9th Annual
Infertility Awareness Shabbat
April 11-14, 2024

yesh tikva
Supporting Jewish People Facing Infertility

Sensitivity Suggestions:

It is very important to note that no two people suffer or react identically to similar situations. The following are only suggestions; be sure to consider each individual and his/her experience and apply what you deem to be most appropriate.

Keep in mind:

1. Do not assume anything; not everyone who does not have a child or has a large gap between children is navigating infertility.
2. If someone reaches out to share his/her story, the best thing one can do is listen.
3. Be cautious of offering any medical suggestions or referrals unless asked. If asked, always offer more than one option. Make sure that congregants are aware of non-medical support options.

Use the links below to access additional sensitivity guidelines and resources:

[What to/not do and say](#)

[Jewish Ritual Sensitivity](#)

[Hosting a meal or get-together](#)

[Engaging friends or family members](#)

[For parents and grandparents of those navigating infertility](#)

[A Seat For Everyone](#)

At times those struggling with infertility, be it primary, secondary or circumstantial, can become emotionally overwhelmed and may need some distance. It may come across as a personal offense, but it is important to remember that it is not personal.